

Express Yourself

Communicating with Confidence

Brisbane Weekend Retreat 26-27 May 2018

What is your greatest resource? . . . You!

Communicate with ease and confidence in all areas of your life. Maximise your personal and professional relationships. Release tension and stress and experience self-empowering life-skills to be the 'true you' in the world.

Experience the power and resonance of your voice. Learn tools to address stress around communication, singing and speaking.



Chris James
voice - body - mind - awareness

'Chris has the lightest way of reconnecting with the part of me that was always there – just busting to get out.' EW

From global corporations to schools, accredited by the Royal Australian College of General Practitioners, voice coach, singer and musician, Chris is world renowned for his vocal expertise and powerful and easy presentation style.

Professional Development Certificates

www.chrisjames.net

PACE BUILDING 9.30-4pm

20 Cornwall St. Woolloongabba 4102

Parking underneath via Kent St. 1st driveway on right, lift to level 4

\$210 early bird 1st May - full price \$270 - limited places *Book Now!*

Contact: Michelle Sheldrake Ph: 0411 896 107

Email: michelle@innermostexpressions.com