

# Express Yourself . . . Communicating with Confidence



**Sunday 7th May 9am-12.30pm Suitable for all**

**Personal Evolvement – Professional Development**

## **What is your greatest resource? . . . You!**

Communicate with ease and confidence in your life and career  
Maximise your personal and professional relationships  
Release tension and stress and develop true presence

**In this workshop you will experience empowering life-skills so you can be the 'true you' in the world**

- Communication/presentation skills – authority & authenticity
- Experience the true power and resonance of your voice
- Tools to address workplace stress around communication

**Professional Development Certificates avail. [www.chrisjames.net](http://www.chrisjames.net)**

**PACE BUILDING 20 Cornwall St. Woolloongabba**

Parking underneath via Kent St. 1st driveway to the right, lift to level 4

**Investment \$40 refreshments included**

**“Life-changing, leaves you feeling connected, energised & inspired!”**

## **Chris James Voice Coach** voice - body - mind - awareness

From global corporations to schools, accredited by the Royal Australian College of General Practitioners, Chris is world renowned for his vocal expertise, powerful and easy presentation style.



**Contact: Michelle Sheldrake Ph: 0411 896 107 Book Now**

**UniMed Brisbane Events page:**

**[www.unimedbrisbane.com/upcoming-events.html](http://www.unimedbrisbane.com/upcoming-events.html)**

